

The Grateful Garden

Garden times are every Wednesday from 6-8pm. We have been having a great growing season so far with warm weather and rain! This year we doubled the garden space with a total of eight plots and are growing 20 different vegetables and six herbs. So far we have harvested beans, peas, beets, onions, cabbage, Swiss chard, radishes, spinach, lettuce, and chives. We have also had Rosie Gonzalez from the University of Minnesota Extension come and help out and provide snacks and beverages.

On average we have been having around 9 people show up each week and I encourage more attend and benefit from the harvest! The extra produce each week is being donated to the Dorothy Day House.

During the last few week we have been focused on keeping the garden free of weeds, controlling potato bugs, tending the tomato plants, and watering.

I would like to say thank you for the continuous support and hard work being put in at the garden. If you have not been out to garden with us yet, it is not too late! All are welcome!

Alyssa Athman - Garden Coordinator



Moorhead Presbyterian Hosting Pop-Up Café

If you've ever met Leola Daul, then you know that she genuinely cares about people. That's why she started Heart-n-Soul Community Café two years ago. The organization's mission is to "nourish the whole community by providing nutritious and delicious meals using local food and offering volunteer opportunities and wellness education."

Heart-n-Soul Community Café is a "pop-up" café, that is, it moves from location to location, seeking under-utilized kitchens from which to prepare and serve healthy meals. Past locations have included restaurants and churches, such as the former Josie's Corner Café and Bake Shop.

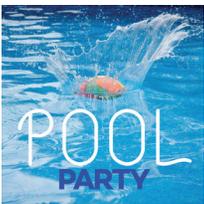
Our church will serve as a host sight on Sunday, August 19, from 11:00am to 2:00pm. All the volunteers come from the organization itself, so there is no work for our church.



According to Daul, the non-profit café, "partners with the community to eliminate food insecurity and hunger." It employs a "pay-what-you can" model, meaning that when you eat there, you are not required to pay a set amount for lunch. Those who are financially able are asked to pay a suggested amount, usually around \$7.50. However, it is also perfectly acceptable if someone can only pay \$1.00. The hope is that those who can afford to pay more, will "pay it forward," and pay more than the suggested amount.

Daul says that healthy, local food prepared and served at Heart-n-Soul Community Café "nourishes the belly, the heart, and the soul."

We will not have the usual coffee hour on Sunday, August 19, so make sure to bring your checkbook and buy lunch from this wonderful community gem. You can learn more about them from their Facebook page and their website.



Pool Party!

The fun starts at 6pm on Wed. Aug 15 at the McKaig's, 1720 South 3rd St, Moorhead. (Rain date will be August 22.) Plates, silverware, cups, napkins, and condiments will be provided. Please bring something to grill, a dish to share, a swim suit, and a lawn chair only if you have one, we have lots of seating. Lawn games will be available.

CE Update

Christian education has been busy this summer offering a camp experience and preparing for Sunday School in the fall.

The last week of June was a spirit filled camp in a van led by three great camp counselors from Clearwater Forest. Fifteen kids from our church and around the FM area worshiped, had great bible study, made crafts and played games. It was wonderful to see with the help of many volunteers how these kids became a community, caring for one another and enjoying spending the week together. In addition to everyone who helped make this week happen, thanks also goes to Presbyterian women(PW) Presbytery of the Northern Plains,PW of our church and memorial committee so we could offer this camp at no charge to participants.



Coming this fall are some exciting changes to Sunday school for kids K-5th grade. Stories from the bible will be experienced with multiple stations. One week cooking will help tie in food with the story we are exploring, the next week the same story will be interpreted through art, the third week science experiments may be connected to the story and the fourth week might find the group creating a video related to the story. Everyone learns in different ways and these various stations should help all learn in their own way. Watch for more information about ways you might be able to be a part of these stations.

In addition to the new curriculum and the stations mentioned above, we welcome Andrew Lenz to help us teach Sunday School each week. Andrew along with Scott and Robert will be a great team to lead the children of our church.



FPCM's First Women Elders!

During the Annual Congregational Meeting of January 16, 1961, the members of FPCM elected the first "women elders": Jean Ward and Kathleen Ledebor (sister-in-law of Marion DeJong). Jean is on the left and Kathleen on the right in this picture "still in the old church."



HAPPY BIRTHDAY!

Send the church a birthday present!

Your financial contribution will help us close our budget gap, ensuring that we remain a viable Christian congregation in the Fargo-Moorhead-West Fargo area.

If you are considering a large contribution, please contact Pastor Robert. Working together with the Stewardship and Finance Committee, we can create a financial gift tailored to the church's immediate and longer-term needs.